

ANATOMY" TRAINS

## **CERTIFICATE OF COMPLETION**

## **ROLLING ALONG THE ANATOMY TRAINS**

## WITH TOM MYERS & JILL MILLER

A COMPREHENSIVE TOUR OF SELF-MYOFASCIAL MAPPING, MOBILIZATION AND EMBODIMENT

NCBTMB: Provider # 053663 - 11.5 CEs NPCP Provider # 100097 - 11.5 CECs NASM Provider # 802 - .9 CEUs IASI: Category 1 - 9 CEs IAYT Provider # 20591091 - 11 hours Yoga Alliance - 9 hours

## Claudia Blasimann

FITNESS

**Tom Myers** Director of Anatomy Trains

Completed on: 06/16/2021

**Jill Miller** Creator, The Roll Model® Method & Yoga Tune Up®